

February 2006

[Download Printable Version](#)

[Great Ideas for Valentine's Day or Any Special Occasion](#)

On a budget, great ideas for Valentine's Day or any special occasion!

What are some latest minute ideas?

If you don't make dinner reservations soon, then you will be fighting the long wait at the restaurants that don't take reservations. You may want to think about cooking a romantic feast in your home and lighting some candles. This is always a nice touch!

What to buy him or her?

Valentine's Day is a way to express how much you care about the person you are dating. You don't have to spend a lot to let someone know this. Here are just some things you can do at very little cost!

- Write a poem or a romantic letter and put it in a picture frame.
- If you are good at drawing or painting, then make a picture for them.
- Bake some heart cookies with different words of affirmation on them.
- Go to a Craft store and buy a t-shirt, hat, bag, etc. and some fabric paint and design a nice picture or just words of affirmation on it! ☺
- Buy strawberries and chocolate at the store and make homemade chocolate covered strawberries with a bottle of champagne or wine to go with it.
- Find a picture of you or both of you and put this in a nice frame. You can be really creative if you have Photoshop or another program where you can write on the picture.
- If you have time and the skills, create a CD of all of your favorite songs. If not, then buy a romantic CD!
- Love coupons, these are easy and can be incredibly awesome...as long as you follow through with them!
- Rent a romantic movie, order pizza and create a romantic environment at home.
- Finally, if you can't find a card you like, create a romantic card. You can get card stock at Wal-Mart or a card shop and do the graphics at home with Microsoft Word.

I hope you enjoy your Valentine's Day with your significant other. If you are single, then it's an opportunity to go out and have fun with your friends! I guarantee there will be many singles out looking for love!

Dr. Nina