

December 2005

A Metamorphose and Christmas

A little child follows his/her grandparents around with adoring eyes. For years, they experience this incredible bond. Then through a metamorphose called puberty, the adoring child turns into a teenager. A teenager, who cherishes his/her grandparents, yet, now wants to be with his/her friends more than them. Intellectually, grandparents get this but their heart is another story. During this Christmas season, I really encourage teenagers to visit their grandparents with adoring eyes. You could use this time to

- *learn more about your family history
- *look at family pictures
- *listen to stories
- *play
- *do some of the things that you use to do when you were a child
- *have philosophical discussions about life, religion, love, marriage, etc.
- *share with them what is going on in your life
- *ask their opinion
- *watch a movie or TV together while munching on popcorn
- *do things for them around the house

The best present a teenager could give their grandparents is uninterrupted time (no cell phones going off) with them.

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